



**American
Red Cross**



Be ahead of the pack for the summer jobs!

American Red Cross Lifeguarding course being offered:

March 14th through March 21st - 31.25 hours of training
March 14, 15, 16, 17, 18, 19, 20, 21, 2010 (hours vary - call for details)

Prerequisites: Minimum age of 15
Swim 300 yards continuously and various swim techniques

Instructor:
An American Red Cross employee certified and meeting all qualifications

Certification Requirements:
Attend all class sessions
Demonstrate competency in all required skills and activities
Demonstrate competency in the three final skill scenarios
Correctly answer at least 80% of the questions in the three sections of the final written exam

Certification Issued:
Lifeguarding/First Aid: 3 years
CPR/AED for Lifeguards: 1 year

Cost: \$165.00 including Lifeguarding manual and Rescue mask

For further information please call (910) 867-8151